

Training
Course

**High-Performance Leadership
Building Winning Teams**



Course Plan

Introduction

In today's fast-paced and competitive business environment, leaders are required to inspire, align, and drive their teams toward exceptional performance. This course equips participants with the mindset, tools, and strategies to cultivate high-performing teams capable of achieving outstanding results. Through practical frameworks, interactive exercises, and real-world examples, participants will learn how to foster collaboration, trust, accountability, and innovation within their teams — transforming leadership from mere management into a force of motivation and success.

Course Objectives:

- ✓ Understand the key characteristics of high-performance teams.
- ✓ Apply effective leadership styles that enhance motivation and commitment.
- ✓ Build a culture of trust, accountability, and shared purpose.
- ✓ Strengthen communication and conflict-resolution skills.
- ✓ Empower team members to achieve individual and collective excellence.
- ✓ Use data-driven techniques to assess and improve team performance.
- ✓ Develop strategies for sustaining motivation and productivity in the long term.

Who Should Attend?

- Mid- to senior-level managers and supervisors.
- Team leaders and project managers.
- HR professionals and organizational development specialists.
- Entrepreneurs and business owners leading growing teams.
- Anyone seeking to enhance their leadership capabilities and team effectiveness.

Training Methods:

- ✓ Online Video material.
- ✓ Presentation.
- ✓ Live Interactive sessions.
- ✓ Course presenter will make extensive use of all tools that will be needed for the virtual environment.
- ✓ Questions & Answers

Course Outline:

Day One

- Understanding the Dynamics of High-Performance Teams
- The Role of Emotional Intelligence in Leadership
- Leadership Styles and Their Impact on Team Success
- Building Trust and Psychological Safety
- Creating a Shared Vision and Purpose

Day Two

- Effective Goal Setting and Alignment
- Motivating Individuals and Teams
- Communication Strategies for High-Impact Leadership
- The Art of Active Listening and Feedback
- Coaching and Mentoring for Peak Performance

Day Three

- Managing Conflict Constructively
- Decision-Making Under Pressure
- Accountability Systems and Performance Measurement
- Building Resilience and Adaptability in Teams
- Empowering Teams Through Delegation and Autonomy

Day Four

- Driving Innovation and Creative Problem Solving
- Time and Energy Management for Leaders
- Managing Remote and Hybrid Teams Effectively
- Recognizing and Rewarding Performance
- Leading Change and Overcoming Resistance

Day Five

- Cultural Intelligence and Diversity in Teams
- Developing Future Leaders Within the Team
- Using Data and KPIs to Drive Team Improvement
- Sustaining High Performance Over the Long Term
- Action Planning: Building Your Leadership Roadmap

Training Details

Course Duration	5 Days
Pre-Schedule	8 – 12 Feb 2026
Venue	Dubai – The H Hotel
Training Fees Per Person	KWD 1400 (One Thousand Four Hundred Only)
Course Fees Include	<ul style="list-style-type: none"> ✓ Tuition documentation ✓ Curriculum and Training Handout ✓ Five star Lunch ✓ Completion Certificates ✓ Lunch Included